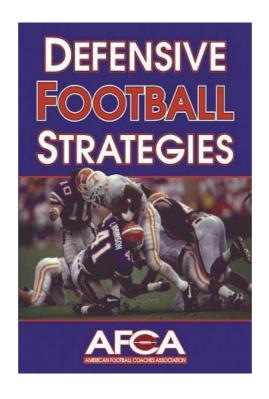
eBook abrufen Defensive Football Strategies

## By American Football Coaches Association

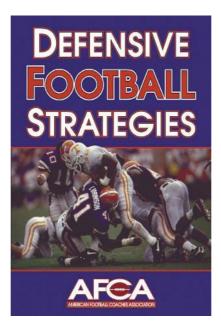




They say that defense wins championships. If so, this book is your formula for winning a title with a solid defensive football team.Defensive Football Strategies is a complete collection of tactics, teachings, and insights from some of the best defensive minds in the game. Readers will find winning strategies from 90 top coaches--legends of both the past and the present--including Bob Stoops of the University of Oklahoma, Bo Schembechler of the University of Michigan, Charlie McBride of the University of Nebraska, and R.C. Slocum of Texas A & M.Inside are 73 detailed presentations on many of football's most successful defensive systems used during the past 40 years. With the help of 600 X-and-O diagrams, the book covers these areas:- Philosophies, fronts, and schemes- Run defenses- Pass defenses- Formation and down-and-distance adjustments- Goal line defensesDefensive Football Strategies was developed in cooperation with the American Football Coaches Association.

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